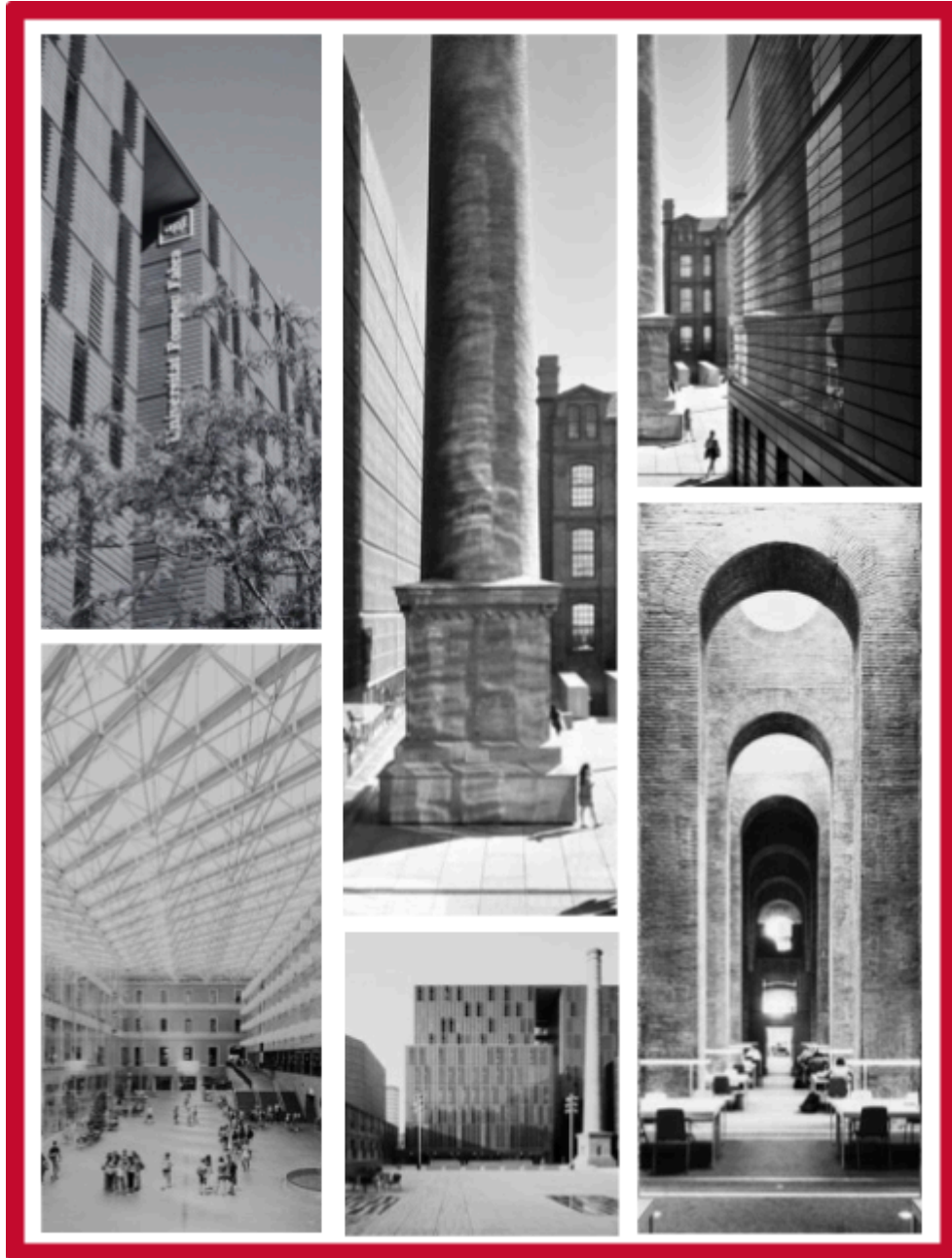


UPF GUIDE



2025/2026



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1. Before leaving your country

a. Admission and application



If you are an exchange student (Erasmus, Bilateral Agreement or SICUE program) or a visiting student, you'll receive an e-mail with all the necessary information to register at UPF. Only students from our partner universities can take part in the exchange programme at UPF. Visiting students need to apply for acceptance within the established deadlines.

Once your nomination/acceptance is processed, we'll contact you to complete your application.

b. Requirements

In order to come as an exchange student at UPF, we require a MCER B2 level of English or a B1 level of Spanish/Catalan. There are also some specific requirements depending on the faculty you're attending:

- Students attending the Faculty of Translation and Interpretation must take an online placement test, which needs to be taken before the enrollment process.
- Students with internships at the Faculty of Medicine will be required to

submit at least a B1 certificate of Spanish. You will find more information [here](#).

Exams may be written in Catalan, Spanish or English, acknowledged as working languages at UPF, regardless of the language used in class, with prior authorization of the teacher.

c. Do I need a VISA?

If your citizenship belongs to any of the EU countries, EEA or Switzerland, you do not need to follow any administrative procedure before travelling to Barcelona. If your stay is longer than three months, once you are in Barcelona you will need to register at the [“Central Registry Office for Foreigners”](#).



If you don't fall into the previous category and your stay is longer than 90 days, you must obtain a students' visa from the nearest Spanish embassy or consulate before you leave your country.

To apply for a visa, you will need an acceptance letter from UPF, which will be sent by the OMA office once we validate your application.

d. Medical insurance

All international students are required to have full coverage of eventual risks during their stay in Spain and you'll need to present it during your application process.

While the European Health Insurance Card (EHIC) gives EU citizens access to state-provided healthcare during a temporary stay in Spain, the EHIC is NOT an alternative to travel insurance. It does cover neither accidents nor any private healthcare or costs such as a return flight to your home country or lost/stolen property. Moreover, the EHIC does NOT cover your costs if you are travelling for the express purpose of obtaining medical treatment.

e. Book your accommodation in Barcelona

While the UPF does not provide housing here you can find some resources and advice that might help you find a suitable place to live during your exchange program in Barcelona.

Here you can find some of the main accommodation options destined to students available in the city. All of them meet the health and security requirements established by the health authorities.



Whether you prefer a student dormitory, a shared apartment, or a private

residence, the resources provided here will guide you in making an informed decision that best suits your needs and preferences. You can also find more details [here](#).



BCU HOUSING

Accommodation service offered by all universities in the area of Barcelona. It offers, with quality, safety and hygiene assurance: flats and rooms in Barcelona, in-home stays, short stays, residence halls, etc.

www.bcuhousing.cat/en // info@bcn-housing-students.com Torrent de l'Olla

219. 08012 Barcelona

Tel: (+34) 93 238 90 72

STUDENT RESIDENCE HALLS

RESA: La Ciutadella and Campus del Mar



www.resa.es // resa@resa.es

“La Ciutadella” residence: Paseo Pujades 33-37. 08018 Barcelona “Mar

Campus” residence: Paseo Salvat Papasseit 4. 08003 Barcelona Tel: (+34) 902

444 447

APARTO STUDENT



www.apartostudent.com

Carrer de Pallars 433. 08019 Barcelona

Tel.(+34) 607 49 46 01

pallars@apartostudent.com

LIVENSA LIVING



www.livensaliving.com // living@livensaliving.com Pallars 135. 08018

Barcelona

Tel. (+34) 913 103 032

BLAU STUDENT HOUSING



www.blaustudenthousing.com // info@blaustudenthousing.com Carrer del

Perú 110. 08018 Barcelona

Tel: (+34) 664 098 216

REINA DE LA PAU



Female students only.

www.reinadelapau.com // reinadelapau@reinadelapau.com Bellafila 4. 08002

Barcelona

Tel: (+34) 93 315 15 08

ONIX



www.residenciaonix.com // frontdesk@residenciaonix.com Sardenya 101-137.

08013 Barcelona

Tel: (+34) 664 098 216

MICAMPUS



www.micampusresidencias.com // barcelona@micampusliving.com Avda.

Ramón Llull (next to Tembo Bcn Suites). 08930 Barcelona Tel: (+34) 634 640
188

NODIS BARCELONA CAMPUS



www.nodis.es // info@nodis.es

Rafael de Campalans 15. 08903 L'Hospitalet de Llobregat, Barcelona Tel: (+34)
684 46 60 61

HOUSING ANYWHERE



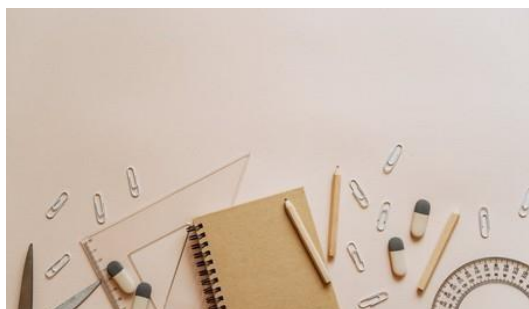
This is the accommodation service offered by all universities in the area of Barcelona. It offers, with quality, safety and hygiene assurance: flats and rooms in Barcelona, in-home stays, short stays, residence halls, etc. For more information and online registration, please contact:

www.bcuhousing.cat/en // info@bcn-housing-students.com Torrent de l'Olla

219. 08012 Barcelona

Tel: (+34) 93 238 90 72

f. Academic offer and enrollment



You can check the available academic offer [here](#). Exchange students only have access to this specific course offer, so courses outside this catalogue cannot be enrolled.

The language of instruction of the courses can be Catalan, Spanish or English. Besides, it is possible that the same subject may have different groups and be given in different languages depending on the group, so make sure to check it carefully.

You will receive the self-enrollment instructions at the beginning of June (if you start in the first term) or November (if you start in the second and third terms). Although the recommended workload is 20 ECTS per term, we allow students to enrol up to 25 ECTS per term. If your Home University has a different requirement, please tell us to contact at oma.incoming@upf.edu.

Please note: Enrolment is organised on a first-come-first-served basis. Some subjects are highly demanded, therefore, it is recommended to have alternate options.

g. Your academic advisor at UPF

Mobility coordinators are teachers selected to serve as mentors for international students. They can offer academic advice on subjects related to your field of study, help you navigate academic procedures, and **sign your learning agreement**. You can find their contact details here:

Center	Academic Advisor	Contact
Faculty of Communication	Christopher Tulloch	christopher.tulloch@upf.edu
Faculty of Economic and Business Sciences	Jeaninne Horowitz	incoming.facecon@upf.edu
Faculty of Health and Life Sciences	Andrés Ozaita	andres.ozaita@upf.edu
Faculty of Humanities	Xavier Ferrer	mobilitat.humanitats@upf.edu
Faculty of Law	Raquel Montaner	incoming.law@upf.edu
Faculty of Political and Social Sciences	Christos Zografos	christos.zografos@upf.edu
School of Engineering	Alfonso Martinez	coord-mobilitat.enginyeria@upf.edu
Faculty of Translation and Interpretation	English Universities: Ángel Castelló	englishincoming.tcl@upf.edu
	German Universities: Paula Igareda	paula.igareda@upf.edu
	French Speaking Universities: Bàrbara Roig	barbara.roig@upf.edu
	General Coordinator: Esther Gimeno	mobility.tcl@upf.edu

h. The grading system

Grade (As shown in Transcript)	Translation	Explanation	Number grade (0-10)
Matrícula d'Honor	Excellent with Honors	This is the highest grade and it is awarded to a small number of students whose performance is considered exceptionally good (Maximum 5% of students).	10
Excel·lent	Excellent	Awarded to students whose performance is considered very good.	9-10
Notable	Good	Awarded to students whose performance is considered good.	7 - 8.9
Aprovat	Pass	This means that the student's performance has been adequate.	5 - 6.9
Suspens	Fail	This means that the student's performance has not been good enough to pass the course	0 - 4.9
No presentat	No show	If you do not attend the Exam or fulfil other evaluation activities, you cannot obtain a grade for the course.	NP

2. Your stay at UPF

a. Orientation and welcome days



Orientation days are our way to welcome you to UPF and they are designed to help you get acquainted with the university, meet other students, and learn about the main resources and services available to you.

Throughout these days, you will receive all the information for your stay at UPF.

These sessions are an essential part of your integration into the UPF community, providing you with valuable insights and the chance to establish connections right from the start. We look forward to welcoming you and helping you make the most of your time here. These sessions are mandatory and you will receive an email with more information after the enrollment period.

b. Catalan and Spanish language courses

Idiomes UPF offers Catalan and Spanish courses specifically designed for foreign students. These courses are partially subsidized and open to exchange students, though places are limited.



Once you complete the course, UPF Idiomes will send a Transcript for the

credits obtained. **Please note** this Transcript will be a different one than the one you will obtain for the rest of your courses.

They also offer a [MOOC course in Catalan for beginners](#) and the [CAT Studies diploma](#), designed as a linguistic integration tool for non-Catalan-speaking students coming to the university.

To obtain further information or to enroll in courses, you can contact them directly [here](#).

c. Language Volunteering programme (VL)

The Language Volunteering programme is open to all UPF community members. It aims



are to help familiarize international students with Catalonia, its culture and its language, and to foster internationalization and language learning among Catalan students.

They organize two areas of activities:

- Language tandem: international students are paired up with local students, so that they can meet up and practice each other's languages.
- Cultural outings and tours: The programme organizes a range of cultural outings and tours in Barcelona and other parts of Catalonia throughout the year.

Check [their website](#) or write to voluntariat.linguistic@upf.edu

d. ESN (Erasmus Student Network)

ESN Barcelona UPF is a nonprofit association formed by students from UPF. They belong to the biggest European association present in more than 40 countries with more than 500 local associations, and work selflessly to help exchange students and make their life abroad easier and encourage their integration through all kinds of social, cultural and leisure activities.



They organize activities such as tandem nights for language exchange or city tours around Barcelona, trips to Valencia, Madrid or Ibiza among others, and also working on education, employability and social inclusion. ESN also offers the programme called Buddy Program, where they assign you a local student so that you have someone to reach in the city that is going to become your new home and to count on in case of information need.

e. University Sustainability, Support and Commitment (SACU)

The [SACU](#) organizes and promotes the participation of the university community, and of students, especially, in the fields of Culture, Participation and Sport, as well as other services to promote university life to foster their integral formation as people.

At the same time, it also manages programmes related to Social Commitment, including equality and diversity.



f. UPF Equality and Diversity

IGUALTAT
I DIVERSITAT



[The Equality and Diversity Unit](#) is responsible for developing and monitoring the Equality Plan and coordinating its implementation;

advising various bodies, services, and academic and administrative units on gender equality policies, proposing and promoting measures that ensure the rights of lesbians, gays, bisexuals, transgender, and intersex individuals; providing support services to those affected by situations of gender-based violence, LGTBI-phobia, and sexual harassment.

Additionally, this unit coordinates, manages, and provides services to students with special needs; coordinates and manages the Psychological Counseling Service, as well as the Mediation Service for students.

3. At the end of your stay

a. Transcript of records and certificate of stay



A transcript of records will be sent to you and your home university in approximately a month after the end of your courses at the UPF. It will contain a record of the subjects you have taken. Additionally, we will also send a certificate of stay/attendance certifying that you have completed the exchange and the dates during which it took place.

Do you have any doubts?

Feel free to contact the Mobility and Welcome Office (OMA) at oma.incoming@upf.edu

Tel: (+34) 935 421 264

We will attend to you by [appointment](#) from Monday to Thursday: 10:00 to 13:00 and 16:00 to 17:00 in Ciutadella Campus.

On Fridays, we will attend to you by appointment from 10:00 to 13:00 at the Poblenuu office.