Workshop:
Getting Your Act Together II: Affect, Agency and Inner Speech
9 & 10 September 2025
Universitat Pompeu Fabra Barcelona, Spain

LOGOS Research Group in Analytic Philosophy Barcelona, Spain
in cooperation with University of Heidelberg, Germany

Room: 24.104
Ciutadella Campus
Edifici Mercè Rodoreda
Ramon Trias Fargas, 25-27
08005 Barcelona

Programme:

9 September 2025

9.45 Welcome & Introduction

10.00 - 11.00 **Adriana Alcaraz Sánchez** (Pompeu Fabra University): Talking to Oneself in the Imagined World: Compulsive Thinking, Maladaptive Daydreaming, and Inner Speech
11.00 - 11.15 BREAK
11.15 - 12.15 **Philipp Schmidt-Boddy** (University of Heidelberg): Sources of Inner Speech. Inquiries into Linguistic Affects
12.15 - 12.30 BREAK
12.30 - 13.30 **Pol Herrero i Castillo** (Pompeu Fabra University): First Steps Towards an Experiential Description of Internalized Stigma

13.30 - 15.00 LUNCH

15.00 - 16.30 **Mikayla Kelley** (University of Chicago): Acting with Objects (LOGOS Extra-Talk)
16.30 - 17.30 Discussion, Coffee & Informal Exchange

19.30 DINNER

10 September 2025

10.00 - 11.00 **Joshua Shepherd** (Autonomous University of Barcelona): Creative Agency and Fragmentation
11.00 - 11.15 BREAK
11.15 - 12.15 **Valentina Petrolini** (University of Bologna): Exploring Acceptance and Change: Two Principles in the Therapy of Affect
12.15 - 12.30 BREAK
12.30 - 13.30 **J.P. Grodniewicz** (Jagiellonian University): Therapeutic Self-Understanding: Between Cognition and Affect

13.30 - 15.00 LUNCH

15.00 - 16.00 **Andrea Rivadulla-Duró** (Autonomous University of Barcelona): Hearing What We'd Like to Hear: Indirect Self-Talk and Motivated Cognition
16.00 - 16.15 BREAK
16.15 - 17.15 **Carlota Serrahima** (University of Valencia) **& Marta Jorba** (Pompeu Fabra University): Anxiety and Inner Speech
17.15 - 18.00 Final Discussion

Organization: Marta Jorba, Valentina Petrolini & Philipp Schmidt-Boddy

Everybody is welcome, but please send an email to philipp.schmidt-boddy@uni-heidelberg.de

The workshop forms part of the project *„'Getting Your Act Together' – The Phenomenology of Affective Self-Regulation, Agency, and Inner Speech"*, German Research Foundation (DFG) – Project Number 543866258 (PI: Philipp Schmidt-Boddy) in cooperation with the project *"Inner Speech in Action – New Perspectives"* (PI: Marta Jorba), Ministerio de Ciencia, Innovación y Universidades, Agencia Estatal de Investigación, Ref.: PID2020- 115052GA-I00/MICIU/AEI/ 10.13039/501100011033.