

ACCES TO EMPLOYMENT

DEFINITION

Ability to know your professional profile and to identify an objective according to the international labour market. Knowledge and use of the appropriate strategies and job research tools to achieve the desired workplace. Ability to create an action plan for improving the profile.

2

(CHECK THE ORIENTATIVE
TABLE)

STRONG POINTS

WEAK POINTS

What do I want to improve?

1

Domain of the competence.



3

What am I going to do to get it?

Goal:

4

Where am I going to implement my goal?

TYPE OF ACTIVITY: ☐ Academic ☐ Extra academic

TITLE OF THE ACTIVITY:

DATE:

5

How am I going to know what I have achieved?

INDICATOR/S:

-
-
-
-

SIGNATURE

Tutor

Student

Barcelona, ____ of _____ 20__

INDICATIVE RUBRIC OF THE COMPETENCE

	Level 1 (0-4)	Level 2 (5-7)	Level 3 (8-10)
Self-knowledge in relation to the professional field	Lack of knowledge of their own interests and motivations towards work, competencies and strength points.	The student identifies only some aspects of self-knowledge in the professional sphere.	Identification of professional interests, motivations for work, competencies and strong points.
Knowledge about the labour market and strategies for job research	Lack of knowledge of international labour market and how to access it.	Not enough information to access the job market and ignorance of some strategies for job research.	Knowledge of the international labour market, objective and the channels to access it.
Tools for job research: CV, Video CV, LinkedIn	The student does not know what to include when making the CV, Video CV and LinkedIn profile.	Lack of information and order in the CV, Video CV and LinkedIn profile.	Elaboration of the CV, presentation letter and LinkedIn profile.
Interviews by competences	Ignorance of the interview for competencies and guidelines to successfully cover it.	Knowledge of the competence interview but he/she does not know how to deal with it.	Knowledge of how to successfully overcome an interview for skills through role play.
SWOT Analysis	Lack of knowledge of how to do the analysis and establish the internal and external factors.	When the student does the analysis he/she can detect the internal factors but not the external ones (or the inverse process).	He/ She knows to contrast his/her own profile with the requirements of the job objective taking into account the labour market.
Action Plan	The student does not know how to improve their weaknesses at the level competence.	The student establishes possible actions to improve certain competences.	The student knows how to define an action plan to improve his/ her own competencies.

Other topics/ observations/ notes: