

Course title: The Impact Journey: (Un)Sustainability, Climate Emergency, Authentic Leadership

Language of instruction: English

Professor: Mathieu Durrande

Professor's contact and office hours: mathieu.durrande@upf.edu

Course contact hours: 45

Recommended credit: 6 ECTS credits

Course prerequisites: There are no prerequisites for this course

Language requirements: None

Course focus and approach: This is a course focus on raising awareness about (un)sustainability with a practical approach to system thinking. The course invites students to explore their authentic leadership through hands-on experience from deep ecology to entrepreneurship with the aim to build their own smart solutions.

Course description: Open mind, open heart, open will in order to allow the student to explore its personal journey towards sustainability.

. Open mind (Explore) consists on rising awareness about the unprecedented challenges we facing today. At that point of the course, students have created a sense of common language and a common vision about global and systemic challenges.

. Open heart (Experience) is a real appreciative inquiry about its leadership style. At that point of the course, we create a sense of community learning.

. Open will (Expedition) is when we introduce and put in action the leadership style as well as the system thinking. At that point of the course, we clarify the purpose of the Leadership journey and everyone revisits his/her career sweet spot.

Learning objectives:

- Co-build a shared vision about the state of the earth and the systemic challenges we are facing today
- Challenge the business as-usual to foresee a genuine alternative leadership style
- Explore new business and smart cities model driven by leaders engaged in organization as a force for good.
- Experiment a hands-on format all along the course as well as deep ecology dynamics to explore new way of learning.
- Embody the whole journey in concrete reflections and actions.

Course workload:

- Weekly assignments including lectures and readings
- 1 Working group
- 1 Team project
- Weekly Social network Research - Breaking GOOD News
- 1 mid exam and final exam
- High participation in class as we have numerous groups dynamics

Teaching methodology:

Through this course, we will use different methodology to thrive the overall experience. With lectures, self-reflective exercises, story telling, visioning and dreaming, dialogue walk, journaling and creative practices this course is an invitation for an emerging journey of self-exploration to enhance our new mindset.

Assessment criteria:

- Class Participation: 40% (Including individual and group assignment)
- Mid Term and Final Exam: 20%
- Active Learning Project: 40%

BaPIS absence policy

Attending class is mandatory and will be monitored daily by professors. Missing classes will impact on the student’s final grade as follows:

Absences	Penalization
Up to two (2) absences	No penalization
Three (3) absences	1 point subtracted from final grade (on a 10-point scale)
Four (4) absences	2 points subtracted from final grade (on a 10-point scale)
Five (5) absences or more	The student receives an INCOMPLETE (“NO PRESENTADO”) for the course

The BaPIS attendance policy **does not distinguish between justified or unjustified absences**. The student is deemed responsible to manage his/her absences.

Only absences for medical reasons will be considered justified absences. The student is deemed responsible to provide the necessary documentation. Other emergency situations will be analyzed on a case by case basis by the Academic Director of the BaPIS.

The Instructor, the Academic Director and the Study Abroad Office should be informed by email without any delay.

Classroom norms:

- No food or drink is permitted in class.
- Students will have a ten-minute break after one one- hour session.
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Weekly schedule:

Week 1	Onboarding, Course Introduction, Student presentation
<p>OVERVIEW OF THE COURSE - Student Presentation – Purpose & How Welcome, Inclusion groups dynamics. Sustainability Core principles Deeper work on unsustainable conditions. Creating a common language</p>	
Week 2	System condition & Eco-system services
<p>Raising awareness on the State of the earth System Thinking concept & exercises Role Play on life Cycle analysis Define Project Team & Starting conversation Ecosystem services concepts and applications</p>	
Week 3	From Climate Change to Climate Emergency & Emerging Worldview
<p>Scientific consensus on climate change, global consequences, political and societal response From climate change to climate emergency, intergeneration movement and lobbies Business answer to climate change</p>	
Week 4	Alternative Economy
<p>The great turning from Joana Macy Works Deep Ecology practice Authentic leadership practices Carbon footprint activity Circular Economy, Blue economy, Low carbon economy - Lecture and application</p>	
Week 5	The Climate Collage Workshop
<p>Understanding the issue leads to action and acceptance of change "The Climate Collage is an innovative, participatory and accessible approach to understand the scientific basis of climate change. This exchange of knowledge is a key first step for everyone to choose how to act effectively, in line with the issues at stake." Valérie Masson-Delmotte, Co Chair – IPCC - https://climatecollage.org/</p>	
Week 6	Dreaming Session & Peer-to-Peer #1 (P2P)
<p>The B-Corp Movement Tracking positive impact with online SDG's Tool The concept of IKIGAI – Looking for authentic leadership – Part I Deep ecology practices - Guided Meditation Midterm individual & Collective work Reflection on grading and alternative performance indicators</p>	

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Week 7	Humanity & Organization Evolution & P2P #2
The spiral dynamics psychologist framework applied to organisation High Purpose organisation examples Management Innovation & Shared Governance Project Update & Peer to peer learning	

Week 8	Business Impact for Good & P2P #3
Project practices – Special Guest Humanity Speech The concept of IKIGAI – Looking for authentic leadership – Part II	

Week 9	The emotional side of Unsustainability + P2P #4
Debate on the emotional impact of unsustainability Deeper conversations with collective intelligence practices Social entrepreneurship case study presentation The concept of IKIGAI – Looking for authentic leadership – Part III	

Week 10	P2P #5 & P2P #6
Final project presentation Debate, conversation, role plays, peer-to-peer evaluation	

Week 11	SULITEST + Final Exam
"Sustainability Literacy" - allow individuals to become deeply committed to build a sustainable future - https://www.sulitest.org/ Final exam Final learning celebration	

Last revision: August 2023

Required readings:

Recommended bibliography:

United Nations General Assembly (1987) Report of the World Commission on Environment and Development "Our Common Future".

Hawken, P, Lovins, A.B. & L.H. (1999). Natural Capitalism: Creating the next Industrial Revolution. Snowmass, USA: Rocky Mountain Institute.

Wilson, E.O. (2002). The Future of Life. New York

Adams, W.M. (2006). "The Future of Sustainability: Re-thinking Environment and Development in the Twenty-first Century." Report of the IUCN

Senge, Peter (2008) "A Necessary Revolution", Broadway Business

Soederbaum, P. (2008). Understanding Sustainability Economics. London: Earthscan.

Jakson, Tim (2009) "Prosperity without Growth: Economics for a Finite Planet" Earthscan

Arenas, D. Fosse, J., Huc, E. (2010). "Business Going Green" ESADE-Institute for Social Innovation. Barcelona, Spain.